Sow Much Love
Small family farmers feed the world

CANADIAN CATHOLIC ORGANIZATION FOR
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Loving Creator, source of all life and light, we thank you for the work of many weathered hands that labour to grow our food.

It is the right of all of God’s children to enjoy the fruits of the Earth. May we become more aware of the challenges that farmers face to feed the hungry.

Lord Jesus, may we be open to learning of the many factors, including our complicity, which contribute to world hunger. Help us learn how to walk lightly on the Earth, using only what we need.

When we prepare and delight in the bounty with which we are blessed, may we remember with gratitude those who have sown and harvested.

Spirit of God, keep us ever mindful of your beautiful Earth and all our sisters and brothers.

Amen.