there’s enough food for everyone...

and yet nearly one billion people around the world are suffering from hunger
### Food Quiz

1. How many people worldwide do not have enough food to eat?
   - A 170 million
   - B 470 million
   - C 670 million
   - D 870 million

2. We produce enough food for everyone in the world, yet how many people go hungry every day?
   - A 1 in 100
   - B 1 in 20
   - C 1 in 8
   - D 1 in 5

3. What percentage of the world’s hungry people are themselves farmers?
   - A 10%
   - B 20%
   - C 35%
   - D 50%

4. Which continent has the highest number of hungry people?
   - A Asia and Oceania
   - B Africa
   - C South America
   - D Europe

5. How many children in the world are underweight through malnutrition?
   - A 1 in 4
   - B 1 in 7
   - C 1 in 10
   - D 1 in 20

6. How much of their income do people in developing countries spend on food?
   - A 20%
   - B 30%
   - C 50%
   - D 70%
   - (In Canada it’s about 10%)

7. What percentage of the world’s hungry people are women?
   - A 40%
   - B 50%
   - C 60%
   - D 80%

8. Women grow 80% of the staple food in Africa. How much of the land do they own?
   - A 1%
   - B 10%
   - C 40%
   - D 80%

9. How much of the world’s food is wasted per year?
   - A 1/10
   - B 1/5
   - C 1/3
   - D 1/2

10. What percentage of the world’s food is produced by small-scale farmers?
    - A 10%
    - B 20%
    - C 50%
    - D 60%

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### One prayer for each week of Lent

#### Week 1
March 9, 2014

Holy Spirit, sometimes we don’t know where our food comes from or how it gets to our table. Inspire a sense of curiosity and wonder in our hearts, so that we can learn more about our food and how it connects us to other people.

Amen.

#### Week 2
March 16, 2014

Father God, you provided all that we needed on Earth, and entrusted it to our care. Help us to be aware of the impact we have on the Earth, and be good stewards of your creation.

Amen.

#### Week 3
March 23, 2014

God, you created the world so that it could produce enough food for everyone, but millions of people go hungry every day. Help us to be aware of how we grow, eat and dispose of our food, and to share generously with those who have less.

Amen.
Week 4  
March 30, 2014

Creator God, you gave us the gift of eco-systems that are not only beautiful, but also feed and sustain us. Help us to appreciate and protect the beauty of your creation and its life-sustaining processes. 

Amen.

Week 5  
Share generously on Solidarity Sunday  
April 6, 2014

Lord Jesus, you must have known it is hard to listen and to be cheerful when we are hungry, because you fed your people before you taught them. Help us to be attentive to the needs of our sisters and brothers, near and far, and to share generously what we have with them. 

Amen.

Week 6  
Palm Sunday  
April 13, 2014

Jesus, you shared many meals with your friends. Send your spirit among us this week, as we fast and celebrate your dying and rising, with food, family and friends. Bless our food and our community, to be your hands and feet in the world. 

Amen.
**Stories of hunger in the world**

**Syria**

Since 2011, a conflict has been raging in Syria, which has forced the people there to abandon their homes and many have even had to leave their country.

My name is Karim. I live in the city of Aleppo in Syria. My family and I do not have enough food to eat because of the war.

In my basket, there is rice, bulgur, corn, oil, milk, sugar, flour and olives. Yum!

Thanks to the support of Development and Peace, the Harar diocesan office of Caritas Ethiopia distributed 50-kilogram bags of wheat seeds that are resistant to drought.

This year, I have hope that our harvest will be a good one. We are praying for rain!

**Peru**

In Cruz Pampa, the people make their living from agriculture and raising livestock. However, a big mining project is threatening their way of life.

Our land is full of phosphates. The mining company wants to extract them, which will force us to leave our homes and our land.

How are we going to live? What will we eat?

Development and Peace and its partner CEAS are telling all the people who live in the region about the consequences of mining on their environment.

Thanks to CEAS, Juan and his family know what to do to defend their rights.

Now we are well-informed about mining issues, and ready to protect our land and our rights. Thank you CEAS!

**Ethiopia**

On Betty’s family farm in the Horn of Africa, there hasn’t been a harvest for two years because there hasn’t been enough rain. Even their livestock has died from lack of water.

My name is Karim. I live in the city of Aleppo in Syria. My family and I do not have enough food to eat because of the war.

Thanks to the support of Development and Peace, the Harar diocesan office of Caritas Ethiopia distributed 50-kilogram bags of wheat seeds that are resistant to drought.

This year, I have hope that our harvest will be a good one. We are praying for rain!

**Philippines**

Every year, Vicky’s father plants cassava and other vegetables on their farm. He sells his produce at the market, but he never makes enough money to feed the family and send Vicky to school.

Development and Peace is working with Agri-Aqua Development Coalition in the Philippines to organize cooperatives so that farmers can pool their produce to sell large quantities to food manufacturers and make more profit.

This year, I will get to learn to read and write. I can’t wait to go to school!