JEOPARDY
Ontario Curriculum Connections

By the end of Grade 8, students will:

C1. Demonstrate an understanding of factors that contribute to healthy development;
C2. Demonstrate the ability to apply health knowledge and living skills to make reasoned decisions and take appropriate actions relating to their personal health and well-being;
C3. Demonstrate the ability to make connections that relate to health and well-being – how their choices and behaviours affect both themselves and others, and how factors in the world around them affect their own and others’ health and well-being.

C1.1
Demonstrate an understanding of different types of nutrients (e.g., macronutrients and micro-nutrients) and their functions

Teacher prompt: “Different kinds of nutrients are needed to achieve optimal health and prevent disease. Nutrients can be divided into two types – macronutrients and micronutrients. What are these, and why is each kind of nutrient needed for good health?”

Thank you to the member-volunteers of PVNCCDSB & St. Clair CDSB who prepared these curriculum connections.

If you use this activity for curriculum not listed here please send your curriculum connections to schools@devp.org to be shared with fellow teachers.