



## 2<sup>nd</sup> Sunday of Lent

Luke 9: 28b-36

### The Transfiguration

**<sup>35</sup> Then from the cloud came a voice that said, “This is my Son, my Chosen; listen to him!”**

Imagine sitting with a friend on a hill, reflecting and praying. Suddenly angels appear beside your friend and talk to him. Then a voice from the clouds says, ‘This is my chosen one; listen to him!’ How would you react?

Jesus tells his disciples to not speak about what they had witnessed. He doesn’t want to force us to believe in him because of miracles: he trusts us to come to him, just like he trusted his disciples to see his Transfiguration because he knew they were ready. He meets us where we are, shares truth with us when we are willing to listen, and invites us to grow when we ask for help (the way he helped the disciples grow in understanding him).

So do we ask him for help in the areas in which we need to grow? Do we listen and reflect on how he is calling us based on what we have heard or read?

And do we try to be like him? Being like him means seeing great value and potential in everyone around us. Our friends, our parents, our teachers and – more importantly – strangers, people on the street, people we may not like. They can all be like Jesus, just like us.

When we struggle to do the right thing – to be merciful and forgiving, generous and respectful, to make an effort to lighten someone else’s load, to be patient and kind, or welcoming – do we ask Jesus for help? When we have trouble recognizing him in others, do we ask him to show himself to us?

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#### Discussion Questions:

- **How can we do better as a family at praying together and for each other?**
- **In whom am I struggling to see Jesus?**