



Development  
and Peace  
CARITAS CANADA

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# REFLECTION AND PRAYER

## WE SEE YOU

God of light and life,  
we see you in the rising sun,  
the golden fields of new daffodils,  
and the feel of a spring shower.  
Help us to see your light reflected throughout creation.

God of compassion,  
you are there with those people  
who are facing the effects of a changing climate,  
and are affected by floods, droughts and famine.  
Show us how to be there with them too.

God of truth and justice,  
you hear those people around the world,  
who struggle to make their voices heard.  
Open our ears and the ears of those in power  
to hear the cries of those living in poverty.

God of hope,  
we see you in people who refuse to give up,  
who will not lose faith and keep on fighting,  
for your earth and for your people.  
Lift us, so that we may never lose hope.

Amen

– *Michaela McGuigan, CAFOD.*