

## ECO BINGO

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### OBJECTIVES //

To encourage participants to:

1. Get to know each other;
2. Reflect on their consumption patterns, and
3. Become aware of the environmental footprint of their consumption patterns and lifestyles

**TIME //** 15-20 minutes

### MATERIALS //

- Bingo Card sheet (one per participant)
- Use GOOS (Good On One Side) paper, if possible
- Pencils, pens or markers (one per participant)

### PREPARATION //

- Print out a copy of Development and Peace's Eco Bingo card sheet for each participant.
- Or create your own Bingo card and ensure you have enough copies for your group!

### ACTIVITY GUIDE

#### STEP 1 //

Explain to participants that they must find one person in the group who engages in each of the activities listed on their Bingo card. When they find someone, they must write that person's name inside the appropriate square on their Bingo card (or have that person sign the respective square).

Point out that all of the activities on the Bingo Card are positive ways to reduce one's carbon footprint! Set restrictions based on the number of people in the group to make this activity more effective as an icebreaker (e.g. participants cannot write someone's name more than once/twice).

Optional: Announce that the first person to fill their card (or the person with the most signatures after a specified number of minutes) wins a prize (e.g. a Fair Trade chocolate bar).

#### STEP 2 //

Encourage participants walk around the room, talk to each other, and collect signatures!

#### STEP 3 //

The game continues until someone declares that they have filled all the Bingo squares or the time is up. If time, have the winner tell the group who signed each square on their Eco Bingo card. If you have a prize, distribute it to the winner!

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WASTE	ENERGY	NUTRITION	GARMENTS	OUT AND ABOUT
Recycled something today	Turns off the tap while they brush their teeth	Is vegetarian or vegan	Dries their clothes on a clothesline	Walks or takes public transit (or a school bus) to school or work
Regularly packs their lunch without disposable items (using containers)	Unplugs their devices as soon as they are charged	Tries to buy locally produced food	Wears jeans or other slacks more than once before they wash them	Has carpooled to an event
Has been involved in a community garbage clean-up	Turns out lights when they leave a room		Owens a piece of clothing or furniture that was made in Canada	Travelled by public transport more than once last week
Brings a reusable water bottle to school or work every day	Has been in a building powered by solar, wind, tidal, or geo-thermal power	Grows food in a garden or on a balcony at home	Combines their laundry with others to save water	Has one car or less in their family
Uses a compost bin at home	Knows what 'renewable energy' means	Visits local farmer's market regularly	Has patched or otherwise repaired a piece of clothing	They or their family is part of a car-sharing service