

PRAYER OF ST. TERESA OF AVILA

Christ has no body now but ours, no hands, no feet on earth but ours. We possess the eyes through which He looks with compassion on this world.

We possess the feet with which He walks to do good. Ours are the hands with which He blesses all the world. Ours are the hands, the feet, the eyes of Christ. We are His body. May we use the gift of our bodies to live Christ in the world so all people know His healing touch.

Amen.

