

# JEOPARDY

## Ontario Curriculum Connections

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By the end of Grade 8, students will:

- C1.** Demonstrate an understanding of factors that contribute to healthy development;
- C2.** Demonstrate the ability to apply health knowledge and living skills to make reasoned decisions and take appropriate actions relating to their personal health and well-being;
- C3.** Demonstrate the ability to make connections that relate to health and well-being – how their choices and behaviours affect both themselves and others, and how factors in the world around them affect their own and others’ health and well-being.

### C1.1

Demonstrate an understanding of different types of nutrients (e.g., macronutrients and micro- nutrients) and their functions

**Teacher prompt:** “Different kinds of nutrients are needed to achieve optimal health and prevent disease. Nutrients can be divided into two types – macronutrients and micronutrients. What are these, and why is each kind of nutrient needed for good health?”

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Thank you to the member-volunteers of PVNCCDSB & St. Clair CDSB who prepared these curriculum connections.

If you use this activity for curriculum not listed here please send your curriculum connections to [schools@devp.org](mailto:schools@devp.org) to be shared with fellow teachers.

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